

10 km Hauptlauf am 05.12.2009
Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|---------------------|------------------------------|----|--------|---------|
| 1 | 225 | Rodewald, Peter | LSV Lok Arnstadt | 83 | MHK 1 | 31:49 |
| 2 | 181 | Kämpf, Michael | SG Adelsberg | 76 | M30 1 | 32:52 |
| 3 | 147 | Thomae, Enrico | LG Vogtland | 84 | MHK 2 | 33:39 |
| 4 | 50 | Zander, Holger | LB 90 Schwarzenberg | 73 | M35 1 | 34:32 |
| 5 | 94 | Tuch, Carolin | Chemnitzer LV Megware | 89 | WHK 1 | 35:41 |
| 6 | 165 | Drechsler, Thomas | RC Schloßbike Greiz | 66 | M40 1 | 35:44 |
| 7 | 55 | Schramm, Sören | Annaberger TC Blau-Gelb | 80 | MHK 3 | 36:30 |
| 8 | 52 | Großer, Steffen | LB 90 Schwarzenberg | 63 | M45 1 | 36:38 |
| 9 | 194 | Kruppa, Sven | TSV Elektronik Gornsdorf | 71 | M35 2 | 36:44 |
| 10 | 25 | Sandner, Thomas | VSC Klingenthal | 70 | M35 3 | 36:52 |
| 11 | 2 | Rammner, Michael | SG Falkenstein | 86 | MHK 4 | 37:12 |
| 12 | 58 | Golm, Björn | LV Limbach 2000 | 86 | MHK 5 | 37:31 |
| 13 | 59 | Müller, Jiri | LV Limbach 2000 | 67 | M40 2 | 37:38 |
| 14 | 57 | Delling, Thomas | LV Limbach 2000 | 71 | M35 4 | 37:46 |
| 15 | 21 | Voigt, Thomas | TSG Glauchau | 66 | M40 3 | 38:02 |
| 16 | 200 | Rochau, Lothar | LAV Halensia | 52 | M55 1 | 38:04 |
| 17 | 185 | Oelsner, Heiko | LG Vogtland | 71 | M35 5 | 38:39 |
| 18 | 134 | Schlenzig, Stephan | SV Vorwärts Zwickau | 55 | M50 1 | 38:47 |
| 19 | 206 | Gründler, Jochen | SG Adelsberg | 62 | M45 2 | 38:53 |
| 20 | 111 | Heuer, Jens | LATV Plauen | 61 | M45 3 | 38:58 |
| 21 | 37 | Urban, Andreas | Röthenbach | 61 | M45 4 | 39:01 |
| 22 | 35 | Dewitz, Heiko | ESV Lok Döbeln | 64 | M45 5 | 39:11 |
| 23 | 142 | Diedrich, Jörg | SV 1870 Großolbersdorf | 73 | M35 6 | 39:13 |
| 24 | 60 | Mende, Jens | LV Limbach 2000 | 62 | M45 6 | 39:16 |
| 25 | 210 | Woldt, Felix | VSV Lauter | 87 | MHK 6 | 39:19 |
| 26 | 89 | Reichel, Hannes | TSV 1872 Pobershau | 51 | M55 2 | 39:21 |
| 27 | 27 | Riemer, Ingo | Zwickau | 65 | M40 4 | 39:30 |
| 28 | 195 | Lehmberg, Michael | ohne Verein | 62 | M45 7 | 39:41 |
| 29 | 196 | Mußmann, Heiner | Chemnitzer PSV | 56 | M50 2 | 39:43 |
| 30 | 116 | Wewetzer, Sven | TSV Flöha 1848 | 66 | M40 5 | 39:46 |
| 31 | 149 | Seemann, Andreas | LG Vogtland | 66 | M40 6 | 39:53 |
| 32 | 84 | May, Christoph | TSV 1872 Pobershau | 44 | M65 1 | 39:54 |
| 33 | 211 | Hüppe, Andreas | SG Adelsberg | 56 | M50 3 | 40:08 |
| 34 | 81 | Scharf, Erik | FSV Limbach-Oberfrohna | 77 | M30 2 | 40:13 |
| 35 | 6 | Meyer, Marcus | ohne Verein | 76 | M30 3 | 40:17 |
| 36 | 61 | Glöckner, Ralf | LV Limbach 2000 | 68 | M40 7 | 40:23 |
| 37 | 51 | Schilhan, Jens | LB 90 Schwarzenberg | 73 | M35 7 | 40:27 |
| 38 | 115 | Heinrich, Frank | Sportfreunde Altstoffannahme | 79 | M30 4 | 40:58 |
| 39 | 133 | Naumann, Volker | SV Vorwärts Zwickau | 58 | M50 4 | 41:03 |
| 40 | 126 | Dr.Dorn, Karsten | Volkssport Greiz | 68 | M40 8 | 41:24 |
| 41 | 20 | Malinka, Sebastian | ohne Verein | 83 | MHK 7 | 41:28 |
| 42 | 19 | Köhler, Jürgen | LF Hirschberg | 78 | M30 5 | 41:38 |
| 43 | 9 | Sarfert, Torsten | VRT Plauen | 81 | MHK 8 | 41:42 |
| 44 | 125 | Lauterbach, Kathrin | WSG Schwarzenberg- Wildenau | 66 | W40 1 | 41:43 |
| 45 | 163 | Wolff, Hans-Walter | SV Vorwärts Zwickau | 45 | M60 1 | 42:01 |
| 46 | 117 | Wewetzer, Katrin | TSV Flöha 1849 | 70 | W35 1 | 42:02 |
| 47 | 215 | Klein, Silvio | LG Vogtland | 75 | M30 6 | 42:15 |
| 48 | 221 | Meier, Jens | TSV Flöha 1848 | 72 | M35 8 | 42:21 |
| 49 | 220 | Krauße, Raimund | LV Einheit Greiz | 39 | M70 1 | 42:26 |
| 50 | 15 | Rommel, Thomas | ohne Verein | 69 | M40 9 | 42:28 |
| 51 | 68 | Sieper, Norman | amicorum gratia | 83 | MHK 9 | 42:36 |
| 52 | 24 | Willmann, Bodo | Team Erdinger alkoholfrei | 63 | M45 8 | 42:38 |
| 53 | 213 | Wegler, Sebastian | Wadenkrampf Neumark | 79 | M30 7 | 42:40 |
| 54 | 214 | Hertel, Frank | LAC Erdgas Chemnitz | 66 | M40 10 | 42:45 |
| 55 | 135 | Knorr, Joachim | SV Vorwärts Zwickau | 40 | M65 2 | 42:58 |
| 56 | 173 | Mothes, Wolfgang | Reumtengrün | 48 | M60 2 | 43:03 |
| 57 | 193 | Jacob, Anja | LG Vogtland | 75 | W30 1 | 43:06 |
| 58 | 156 | Lötzsch, Sophia | DTSV 1867 Steinbach | 72 | W35 2 | 43:32 |
| 59 | 87 | Querner, Maurice | TSV 1872 Pobershau | 65 | M40 11 | 43:57 |
| 60 | 217 | Hildebrand, Stefan | WG 23 | 75 | M30 8 | 44:16 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Jg | Klasse | Endzeit |
|-----|-----|-----------------------|-----------------------------|----|--------|---------|
| 61 | 22 | Schmidt, Steffen | VS Oberwinn | 74 | M35 9 | 44:21 |
| 62 | 216 | Hildebrand, Volkmar | Radschlag Annaberg | 52 | M55 3 | 44:25 |
| 63 | 53 | Lorenz, Jens | LB 90 Schwarzenberg | 60 | M45 9 | 44:28 |
| 64 | 201 | Tendler, Gabriele | LAV Halensia | 61 | W45 1 | 44:40 |
| 65 | 137 | Trommler, Kerstin | SV Vorwärts Zwickau | 64 | W45 2 | 44:46 |
| 66 | 179 | Seifert, Andreas | LG Vogtland | 78 | M30 9 | 44:54 |
| 67 | 10 | Fiebig, Olaf | Albernau | 64 | M45 10 | 44:57 |
| 68 | 136 | Göbel, Anja | SV Vorwärts Zwickau | 69 | W40 2 | 44:58 |
| 69 | 76 | Hanke, Ralph | Gospersgrün | 66 | M40 12 | 45:00 |
| 70 | 385 | Pohl, Eduard | SV Zwickau 04 | 53 | M55 4 | 45:12 |
| 71 | 29 | Tröger, André | VfL Reumtengrün | 69 | M40 13 | 45:14 |
| 72 | 131 | Krause, Heiko | SV Vorwärts Zwickau | 67 | M40 14 | 45:33 |
| 73 | 120 | Lauterbach, Jörg | LG Vogtland | 56 | M50 5 | 45:36 |
| 74 | 86 | Nitzsche, Kai | TSV 1872 Pobershau | 81 | MHK 10 | 45:40 |
| 75 | 230 | Göbler, René | Eisenberg | 62 | M45 11 | 45:44 |
| 76 | 219 | Pfüller, Falk | Burgstädter LV | 65 | M40 15 | 46:28 |
| 77 | 381 | Anus, Uwe | Schönheide | 60 | M45 12 | 46:30 |
| 78 | 383 | Wienhold, Claudia | TSV Gera Zwätzen | 68 | W40 3 | 46:34 |
| 79 | 180 | Schrader, Steffen | Reichenbach | 67 | M40 16 | 46:36 |
| 80 | 119 | Hedrich, Johannes | LG Vogtland | 60 | M45 13 | 46:46 |
| 81 | 16 | Werner, Wolfgang | Fraureuther Laufopas | 55 | M50 6 | 47:19 |
| 82 | 209 | Strohbach, Thomas | Chemnitz | 76 | M30 10 | 47:23 |
| 83 | 44 | Giegling, Gabriele | LV Einheit Greiz | 59 | W50 1 | 47:54 |
| 84 | 63 | Herfurt, Ute | LV Limbach 2000 | 64 | W45 3 | 48:15 |
| 85 | 28 | Schramm, Thomas | FSV Bau Weischlitz | 67 | M40 17 | 48:18 |
| 86 | 62 | Glöckner, Wolfgang | LV Limbach 2000 | 40 | M65 3 | 48:26 |
| 87 | 151 | Fankhänel, Werner | LG Vogtland | 41 | M65 4 | 48:35 |
| 88 | 384 | Schönherr, Frank | Boettcher Siebdruck-Service | 62 | M45 14 | 48:45 |
| 89 | 109 | Altmann, Martina | Dippoldiswalde | 61 | W45 4 | 48:47 |
| 90 | 227 | Harbig, Daniela | LV Limbach 2000 | 70 | W35 3 | 48:54 |
| 91 | 164 | Dr.Flader, Uwe | LG Vogtland | 63 | M45 15 | 48:59 |
| 92 | 212 | Hummel, Andreas | Wadenkrampf Neumark | 83 | MHK 11 | 49:11 |
| 93 | 75 | Ludwig, Simon | ohne Verein | 92 | MHK 12 | 49:14 |
| 94 | 17 | Köhler, Harry | Post SV Chemnitz | 37 | M70 2 | 49:21 |
| 95 | 56 | Schramm, Andrea | Annaberg - Buchholz | 58 | W50 2 | 49:38 |
| 96 | 12 | Bartl, Reiner | SuL Lößnitz | 36 | M70 3 | 50:03 |
| 97 | 14 | Seifert, Eberhard | Reichenbach | 51 | M55 5 | 50:04 |
| 98 | 11 | Muth, Torsten | ohne Verein | 72 | M35 10 | 50:22 |
| 99 | 92 | Kunze, Carolin | Chemnitzer LV Megware | 84 | WHK 2 | 50:34 |
| 100 | 108 | Scheibe, Siegfried | VfB Hellerau-Klotzsche | 55 | M50 7 | 51:01 |
| 101 | 374 | Schrader, René | Reichenbach | 90 | MHK 13 | 51:02 |
| 102 | 199 | Flemming, Anke | LG Thalheim | 72 | W35 4 | 51:09 |
| 103 | 110 | Kühn, Gerd | Chemnitzer PSV | 64 | M45 16 | 51:18 |
| 104 | 218 | Meier, Stefan | Burgstädter LV | 58 | M50 8 | 52:08 |
| 105 | 140 | Dutschke, Werner | SV Schönheide | 37 | M70 4 | 52:24 |
| 106 | 172 | Trochold, Heinz | ohne Verein | 48 | M60 3 | 52:47 |
| 107 | 204 | Raschke, Sascha | SG Adelsberg | 84 | MHK 14 | 53:07 |
| 108 | 205 | Gründler, Heike | SG Adelsberg | 62 | W45 5 | 53:08 |
| 109 | 203 | Gründler, Anne | SG Adelsberg | 89 | WHK 3 | 53:19 |
| 110 | 166 | Schieblich, Sebastian | LG Vogtland | 93 | MHK 15 | 53:21 |
| 111 | 153 | Kosche, Kathrin | LG Vogtland | 66 | W40 4 | 53:33 |
| 112 | 152 | Mocka, Erhard | LG Vogtland | 38 | M70 5 | 53:54 |
| 113 | 150 | Friedrich, Rolf | LG Vogtland | 51 | M55 6 | 54:18 |
| 114 | 112 | Laue, Jens | Boettcher Siebdruck-Service | 78 | M30 11 | 54:21 |
| 115 | 3 | Seegers, Sven | www.deinlappen.de | 75 | M30 12 | 54:31 |
| 116 | 139 | Haß, Annelie | SV Vorwärts Zwickau | 50 | W55 1 | 54:46 |
| 117 | 31 | Schüler, Mario | ohne Verein | 77 | M30 13 | 54:54 |
| 118 | 197 | Herscht, Karl-Heinz | Zschopau | 40 | M65 5 | 55:03 |
| 119 | 74 | Schneider, Andreas | ohne Verein | 69 | M40 18 | 55:17 |
| 120 | 207 | Fuß, Michael | Plauen | 60 | M45 17 | 55:49 |

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|-----|-----|-------------------------------|-----------------------------|----|--------|---------|
| 121 | 226 | Müller, Nancy | RFV Leubnitz | 73 | W35 5 | 55:58 |
| 122 | 123 | Silabetzschky-Vogel, Gabriele | WSG Schwarzenberg- Wildenau | 57 | W50 3 | 56:00 |
| 123 | 85 | May, Regine | TSV 1872 Pobershau | 82 | WHK 4 | 56:03 |
| 124 | 73 | Lorenz, Mike | ohne Verein | 68 | M40 19 | 56:11 |
| 125 | 49 | Wendt, Carola | LB 90 Schwarzenberg | 69 | W40 5 | 56:17 |
| 126 | 141 | Schneider, Karl | LG Vogtland | 46 | M60 4 | 56:56 |
| 127 | 138 | Preller, Isa | SV Vorwärts Zwickau | 55 | W50 4 | 56:58 |
| 128 | 198 | Pfeifer, Ulrich | VS Falkenstein | 41 | M65 6 | 57:22 |
| 129 | 154 | Fankhänel, Christiane | LG Vogtland | 47 | W60 1 | 58:15 |
| 130 | 13 | Engemann, Klaus | ESV Lok Döbeln | 38 | M70 6 | 1:02:24 |
| 131 | 178 | Appelbohm, Linda | LG Vogtland | 85 | WHK 5 | 1:02:26 |
| 132 | 378 | Fleischer, Nadine | Lengenfeld | 79 | W30 2 | 1:02:49 |
| 133 | 377 | Hums, Kristina | TSG Bau Hammerbrücke | 79 | W30 3 | 1:02:51 |
| 134 | 379 | Vogel, Silvio | TSG Bau Hammerbrücke | 74 | M35 11 | 1:02:52 |
| 135 | 8 | Prell, Roland | Herzfrequenz Racing Team | 65 | M40 20 | 1:04:11 |
| 136 | 23 | Lahn, Gerhard | Lichtenstein | 35 | M70 7 | 1:04:59 |
| 137 | 168 | Geier, Cyntia | Star Tankstellen Laufteam | 88 | WHK 6 | 1:05:24 |
| 138 | 167 | Wenzel, Tobias | Star Tankstellen Laufteam | 79 | M30 14 | 1:05:25 |
| 139 | 177 | Skibinski, Andreas-Matheas | LG Vogtland | 37 | M70 8 | 1:05:47 |
| 140 | 33 | Schüler, Volkmar | ohne Verein | 52 | M55 7 | 1:07:56 |
| 141 | 170 | Kunath, Sven | Star Tankstellen Laufteam | 78 | M30 15 | 1:08:13 |
| 142 | 169 | Rostig, Christin | Star Tankstellen Laufteam | 89 | WHK 7 | 1:08:14 |